

University Dining Hall - Weekly Menu

|                     | Sunday<br>9/13/2026                                                       | Monday<br>9/14/2026                                                                                       | Tuesday<br>9/15/2026                                                        | Wednesday<br>9/16/2026                                                                  | Thursday<br>9/17/2026                                                               | Friday<br>9/18/2026                                     | Saturday<br>9/19/2026                                                              |
|---------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>Breakfast</b>    |                                                                           |                                                                                                           |                                                                             |                                                                                         |                                                                                     |                                                         |                                                                                    |
| Entrée              | Broccoli and Cheese Scramble                                              | Denver Frittata with Ham, Bell Pepper, Onion and Cheese                                                   | Black Bean and Pico de Gallo Scramble                                       | Cowboy Scramble with Sausage, Cheese and Potatoes                                       | Masala Scramble with Fresh Spinach and Tomatoes                                     | Chorizo, Potato and Cheese Frittata                     | Bacon, Cheese and Green Onion Scramble                                             |
| Side                | Breakfast Quesadillas with Sausage, Egg and Cheese on Flour Tortillas     | Cinnamon Sugar Churro Pancakes with Butter and Syrup                                                      | French Toast Tornadoes with Sausage and Syrup                               | Belgian Waffles with Butter and Syrup                                                   | Thick Cut French Toast with Powdered Sugar and Syrup                                | Buttermilk Biscuits and Country Gravy                   | Breakfast Burritos made with Bacon, Egg, Potato and Cheese in a Flour Tortilla     |
| Potato Side         | Roasted Potato and Vegetable Hash                                         | Cheesy Hash Brown Casserole with Onions                                                                   | Tater Tots                                                                  | Potatoes O'Brian with Sautéed Onions and Peppers                                        | Crispy Breakfast Potatoes                                                           | Golden Hash Browns                                      | Hash Brown Patties                                                                 |
| Protein             | Sliced Italian Sausage                                                    | Breakfast Sausage Patties                                                                                 | Center Cut Bacon                                                            | Sliced Ham                                                                              | Breakfast Sausage Links                                                             | Center Cut Bacon                                        | Halal Chicken Breakfast Sausage                                                    |
| <b>Lunch</b>        |                                                                           |                                                                                                           |                                                                             |                                                                                         |                                                                                     |                                                         |                                                                                    |
|                     |                                                                           |                                                                                                           | <b>National Linguini Pasta Day</b>                                          |                                                                                         |                                                                                     | <b>National Cheeseburger Day</b>                        |                                                                                    |
| Entrée 1            | Beef Stroganoff with Creamy Onion and Mushroom Sauce                      | Chicken Scarpariello with Sautéed Chicken Breast, Italian Sausage, Red Bell Peppers and a Tanqy Pan Sauce | Italian Shrimp and Linguini Pasta with a Spicy Tomato Sauce                 | Shredded Chicken Carnitas with Flour Tortillas                                          | Thai Beef Curry in a Rich Coconut Basil Curry Sauce                                 | Sesame Chicken and Broccoli Stir-Fry                    | Ground Beef Tostada Bar with Shredded Cheese, Lettuce, and Fresh Pico de Gallo     |
| Vegan Entrée        | Vegan Beyond Beef Stroganoff with Creamy Onion and Mushroom Sauce         | Vegan Mushroom Ragu with Orzo Pasta in a Rich Tomato Sauce                                                | Vegan Italian Chickpea and Linguini Pasta with a Spicy Tomato Sauce         | Vegan Black Bean and Mock Chicken Sauté with Flour Tortillas                            | Vegan Thai Chickpea and Potato Curry in a Rich Coconut Basil Curry Sauce            | Vegan Sesame Tofu and Broccoli Stir-Fry                 | Vegan Lentil Tostada Bar with Shredded Soy Cheese, Lettuce and Fresh Pico de Gallo |
| Vegetable           | Sweet Green Peas                                                          | Sautéed Kale and Sliced Button Mushrooms                                                                  | Steamed Pacific Blend Vegetables                                            | Grilled Zucchini                                                                        | Thai Stir-Fry Vegetable Blend                                                       | Steamed Carrots                                         | Mexican Street Corn with Cilantro and Parmesan Cheese on the side                  |
| Side                | Egg Noodles with Herbed Butter                                            | Mashed Potatoes                                                                                           | Roasted Potatoes with Parmesan Cheese                                       | Spanish Rice                                                                            | Steamed Basmati Rice                                                                | Pan Fried Garlic Noodles                                | Cilantro Lime Rice                                                                 |
| Feature Station     |                                                                           | Wings                                                                                                     | Taco Tuesday                                                                | Chef's Choice                                                                           | Pho Bar                                                                             | Pizza and Build-Your-Own Burger                         |                                                                                    |
| <b>Soup Station</b> |                                                                           |                                                                                                           |                                                                             |                                                                                         |                                                                                     |                                                         |                                                                                    |
| Option 1            | Chicken Noodle                                                            | Chicken Noodle                                                                                            | Chicken Noodle                                                              | Chicken Noodle                                                                          | Chicken Noodle                                                                      | Chicken Noodle                                          | Chicken Noodle                                                                     |
| Option 2            | Menudo                                                                    | Broccoli Cheese                                                                                           | Tomato Basil Bisque                                                         | Hearty Beef Chili                                                                       | Chicken Tortilla                                                                    | Clam Chowder                                            | Cream of Potato                                                                    |
| <b>Dinner</b>       |                                                                           |                                                                                                           |                                                                             |                                                                                         |                                                                                     |                                                         |                                                                                    |
| Entrée 1            | Chicken Stir-Fry with Seasonal Vegetables and Sesame Soy Sauce            | Seared Pork Bites with Parmesan Cream Sauce                                                               | Grilled Chicken Breasts with Chile Lime Sauce                               | Beef Bolognaise Pasta in a Rich Tomato Sauce                                            | Cardamom Grilled Chicken Bites with Herbed Lemon Sauce                              | Seared Pork Chops with Black Peppercorn Sauce           | Seared Chicken Breasts with Sautéed Onions and Butternut Squash                    |
| Entrée 2            | Salmon Sushi Bake with Rice, Imitation Crab and Spicy Sriracha Mayonnaise | Roasted Chicken Thighs with Garlic Pan Sauce                                                              | Tortilla Crusted Tilapia with Fresh Mango Salsa                             | Grilled Chicken Caprese with Tomatoes, Mozzarella Cheese and a Creamy Basil Pesto Sauce | Spiced Braised Beef with Carrots, Potatoes and Onions in a Savory Tomato Sauce      | Dill and Fresh Herb Crusted Cod with Light Butter Sauce | Grilled Tri-Tip with Garlic Cowboy Butter                                          |
| Vegan Entrée        | Vegan Tofu Stir-Fry with Seasonal Vegetables and Sesame Soy Sauce         | Vegan Roasted Mock Chicken with Garlic Pan Sauce                                                          | Vegan Crispy Tofu with Fresh Mango Salsa                                    | Vegan Lentil Bolognaise Pasta in a Rich Tomato Sauce                                    | Vegan Spiced Lentil Stew with Carrots, Potatoes and Onions in a Savory Tomato Sauce | Vegan Orzo and Seasonal Vegetable Stuffed Zucchini      | Vegan Creamy Pasta Bake with Beyond Sausage, Sliced Mushrooms and Fresh Spinach    |
| Vegetable           | Garlic Sesame Green Beans                                                 | Sautéed Asparagus with Garlic                                                                             | Corn with Cumin, Smoked Paprika and Garlic                                  | Sautéed Italian Vegetable Blend                                                         | Sautéed Cabbage, Bell Peppers, Tomatoes, Onions and Eqplant                         | Oven Roasted Cauliflower                                | Steamed Broccoli                                                                   |
| Side                | Vegetable Chow Mein                                                       | Rice Pilaf with Orzo                                                                                      | Sopita Pasta with a Savory Tomato Sauce, Shredded Cheese and Fresh Cilantro | Wild Rice Pilaf                                                                         | Herbed Couscous                                                                     | Baked Garlic Parmesan Potato Wedges                     | Lemon Pesto Rice Pilaf                                                             |
| Action Station      | Pizza Bar                                                                 | Sizzling Salad Bar                                                                                        | Pasta Bar                                                                   | Omelet Bar                                                                              | Stir Fry Bar and Ice Cream Sundae Bar                                               |                                                         |                                                                                    |
| <b>Dessert</b>      |                                                                           |                                                                                                           |                                                                             |                                                                                         |                                                                                     |                                                         |                                                                                    |
| Specialty Dessert   | Chef's Choice                                                             | Blackberry Cobbler                                                                                        | Chocolate Pudding with Whipped Cream                                        | Chocolate Chip Brownies                                                                 | Red Velvet Cake                                                                     | New York Cheesecake with Heath Bar Toffee Crumbles      | Chef's Choice                                                                      |

University Dining Services makes every effort to ensure the items listed on our menus are up to date and correct. However, the items listed are not a guarantee and are subject to change without notice

Lunch Feature Stations are available from 11am-2pm, or until the special runs out

Dinner Action Stations are available from 4pm-7pm, or until the special runs out

Please also see our **Fixed Menu** for the complete list of items we carry each day