

Breakfast

Assorted muffins and pastries ***Gluten free options available***

Toast station with assorted breads, english muffins, and bagels with butter, peanut butter, jelly and cream cheese ***Gluten free options available***

Hot Cereal - Cream of wheat, grits or oatmeal

Assorted cold cereals ***Gluten free options available***

Chef made eggs - any way you like 'em!

Chef made omelets

Assorted seasonal fresh fruit - sliced and whole, sourced locally

Yogurt bar to include fresh seasonal berries and granola

Make-your-own waffle station with butter and syrup

Deli Bar (available at lunch and dinner)

Assorted sliced cheeses including vegan soy cheese

Assorted sliced deli meats and grilled tofu

Assorted seasonal fresh vegetables, sourced locally

Pickles, wax peppers, olives and jalapenos

Assorted condiments including vegan aioli and spreads

Egg salad, chicken salad and tuna salad

Hummus

Assorted breads and sandwich rolls ***Gluten free options available***

Salad Bar (available at lunch and dinner)

Variety of freshly cut greens, sourced locally

Assorted seasonal fresh vegetables, sourced locally

Assorted seasonal fresh fruit - sliced and whole, sourced locally

Assorted house made dressings

Healthy grains to include quinoa, brown rice, couscous, barley or farro

Hot Food Station (available at lunch and dinner)

Baked potato - assorted toppings available on the salad bar

Pasta with vegan marinara sauce and alfredo sauce ***Gluten free pasta available***

Steamed white or brown rice

Grill Station (available at lunch and dinner)

Chicken tenders, chicken nuggets or chicken wings

Grilled chicken breasts ***great to add to your salad***

Grilled-to-order hamburgers - assorted toppings available on the salad or deli bar

Grilled-to-order Beyond burgers ***vegan burger patty made with pea protein***

Pizza station

French fries

Desserts (available at lunch and dinner)

Soft serve ice cream

Assorted fresh baked cookies

Beverages (available all day)

Assorted Pepsi brand fountain sodas including lemonade and Gatorade

Orange, apple, cranberry and assorted juices

Milk - non-fat, 2%, whole, soy and chocolate

Filtered water and assorted flavored waters

Specialty coffee machine that includes espresso, cappuccino and hot chocolate

Assorted iced and hot teas

University Dining Services makes every effort to ensure the items listed on our menus are up to date and correct

However, the items listed are not a guarantee and are subject to change without notice

Please see the Supervisor on shift with any questions or concerns