

EMPLOYEE ASSISTANCE PROGRAM

Provided by EMPATHIA (Knox-Keene Licensed)

24/7 Assessment and Counseling
1.800.367.7474
www.mylifematters.com
Password: FresnoState

Phone Access:

- Referrals to external counselors; eight (8) no-cost sessions
- Spanish speaking EMPATHIA representatives
- TDD for hearing-impaired
- Language Line Services (100 languages)

Website Resources (www.mylifematters.com)

- Financial
- Legal
- Identity Theft
- WebMD and MedLine Online
- Interactive E-Learning Sessions

Upcoming Campus Services:

- Mediation facilitation/Conflict resolution
- Crisis intervention & management
- Clinical assessments for alcohol/drug dependencies

Wellness Program through LEAD

- On-campus activities promoting healthy lifestyle habits
- Strategic initiatives encompassing holistic wellness
- Now on Facebook:
www.facebook.com/fresnostatehealthyu

CONFIDENTIAL ON-SITE EMPATHIA COUNSELOR:

David Crabtree, LCSW
dcrabtree@csufresno.edu
559.278.1655

Lab School Room 185
Office Hours: M, Tu, Th, F
9:00 am—2:00 pm

FRESNO STATE

Discovery. Diversity. Distinction.